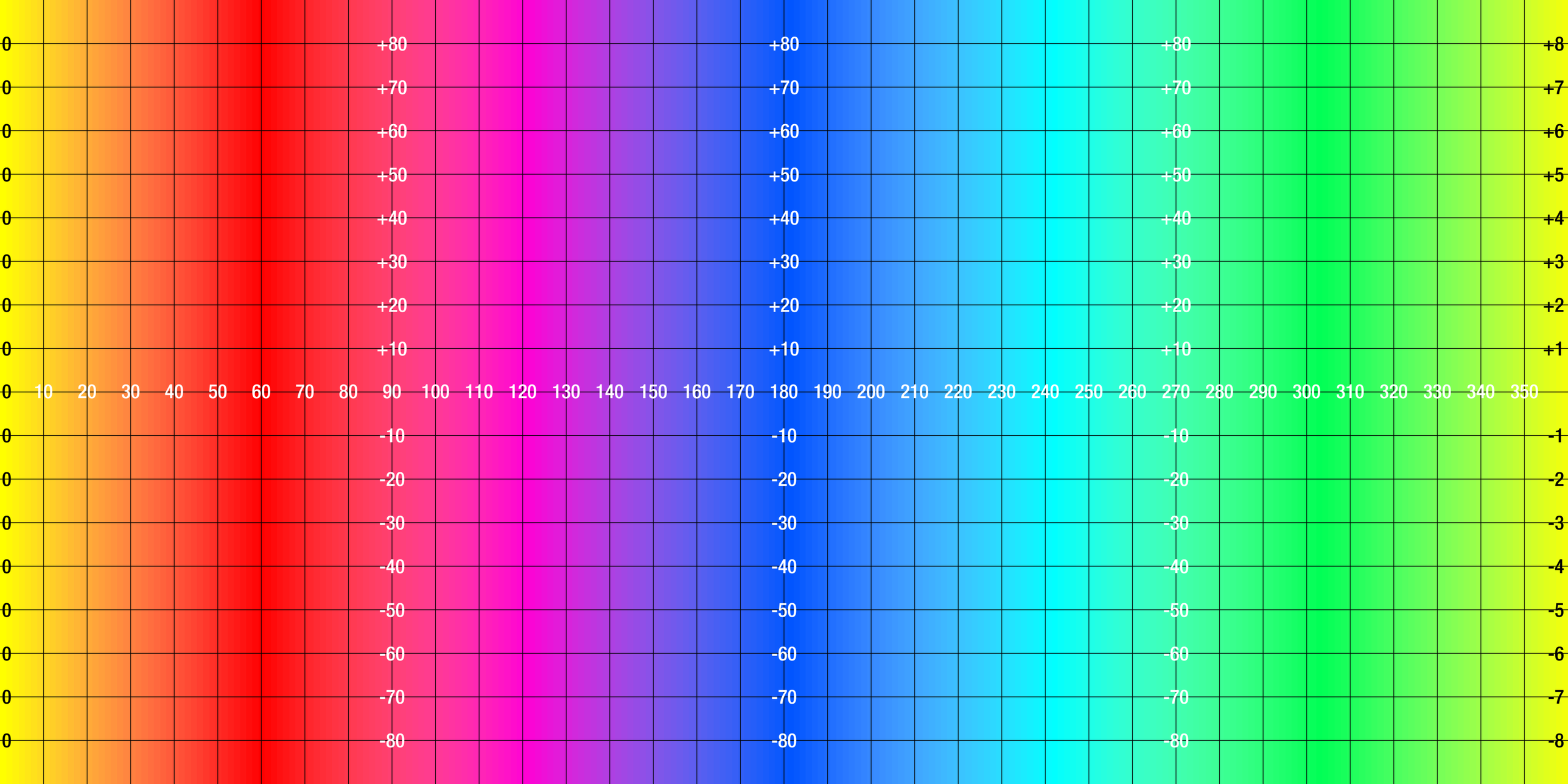
0 +80 +80 +80 +8
0 +70 +70 +70 +7
0 +60 +60 +60 +6
0 +50 +50 +50 +5
0 +40 +40 +40 +4
0 +30 +30 +30 +3
0 +20 +20 +20 +2
0 +10 +10 +10 +1
0 10 20 30 40 50 60 70 80 90 100 110 120 130 140 150 160 170 180 190 200 210 220 230 240 250 260 270 280 290 300 310 320 330 340 350
0 -10 -10 -10 -1
0 -20 -20 -20 -2
0 -30 -30 -30 -3
0 -40 -40 -40 -4
0 -50 -50 -50 -5
0 -60 -60 -60 -6
0 -70 -70 -70 -7
0 -80 -80 -80 -8